



The ultimate packing list for a trip to Europe



Essential items for any country or season in Europe

- Your passport or other valid travel documents
- Underwear and socks (+/- 7 pairs)
- Pajamas/sleepwear
- Travel insurance
- Phone, tablet, and/or laptop chargers
- Type C plug adapter (or Type G plug adapter for the UK, Ireland, Cyprus, and Malta)
- Comfortable walking shoes
- A crossbody bag
- Umbrella
- Prescription medication (if needed)
- A prepaid mobile data plan (on an eSIM or SIM card).

Basic first aid

- Band aids
- Advil or Tylenol
- Anti-nausea medication for the plane (if needed)

Toiletries

- A toothbrush
- Travel-sized toothpaste
- A comb or hairbrush
- A razor
- Cosmetics (100 ml or less for carry-ons)
- Sunscreen (100 ml or less for carry-ons)
- Hair-styling products (100 ml or less for carry-ons)



Digital and tech checklist for Europe

- Make sure your phone is not carrier-locked
- Purchase a prepaid mobile data plan through an eSIM app or at a SIM card kiosk
- Download boarding passes, train tickets, or other transportation passes
- Pack headphones
- Pack phone, tablet, and/or laptop chargers
- Get a Type C plug adapter (or Type G plug adapter for the UK, Ireland, Cyprus, and Malta)
- Download offline maps, translation apps, and music



Clothes to pack for fall in Europe

- A light jacket, windbreaker, or raincoat (a winter coat for Northern European countries)
- Cardigans or sweaters (2-3)
- A mix of short and long-sleeved shirts (3-4)
- Jeans or other pants (1-2 pairs)
- Waterproof shoes or boots



Clothes to pack for winter in Europe

- A heavy winter coat (can be lighter if visiting Southern Europe)
- Thick sweaters or cardigans
- Thermal underlayers
- Scarf
- Hat
- Gloves/mittens
- Winter boots
- Thick, warm socks
- A balaclava or other thermal face cover



Clothes to pack for spring in Europe

- Medium-weight jacket
- Hoodie or sweater (1-2)
- A mix of short and long-sleeved shirts
- Light scarf



Clothes to pack for summer in Europe

- Loose, breathable, light-colored tops or dresses (3-4)
- Shorts, skirts, or light and breathable pants (2-3)
- Comfortable, close-toed walking shoes
- Sandals (optional)
- Sunglasses
- Hat with a brim