



# The ultimate packing list for a trip to Europe



## Essential items for any country or season in Europe

- ☐ Your passport or other valid travel documents
- ☐ Underwear and socks (+/- 7 pairs)
- ☐ Pajamas/sleepwear
- ☐ Travel insurance
- ☐ Phone, tablet, and/or laptop chargers
- ☐ Type C plug adapter (or Type G plug adapter for the UK, Ireland, Cyprus, and Malta)
- ☐ Comfortable walking shoes
- ☐ A crossbody bag
- ☐ Umbrella
- ☐ Prescription medication (if needed)
- ☐ A prepaid mobile data plan (on an eSIM or SIM card).

### Basic first aid

- ☐ Band aids
- ☐ Advil or Tylenol
- ☐ Anti-nausea medication for the plan (if needed)

### Toiletries

- ☐ A toothbrush
- ☐ Travel-sized toothpaste
- ☐ A comb or hairbrush
- ☐ A razor
- ☐ Cosmetics (100 ml or less for carry-ons)
- ☐ Sunscreen (100 ml or less for carry-ons)
- ☐ Hair-styling products (100 ml or less for carry-ons)



## Digital and tech checklist for Europe

- ☐ Make sure your phone is not carrier-locked
- ☐ Purchase a prepaid mobile data plan through an eSIM app or at a SIM card kiosk
- ☐ Download boarding passes, train tickets, or other transportation passes
- ☐ Pack headphones
- ☐ Pack phone, tablet, and/or laptop chargers
- ☐ Get a Type C plug adapter (or Type G plug adapter for the UK, Ireland, Cyprus, and Malta)
- ☐ Download offline maps, translation apps, and music



## Clothes to pack for fall in Europe

- ☐ A light jacket, windbreaker, or raincoat (a winter coat for Northern European countries)
- ☐ Cardigans or sweaters (2-3)
- ☐ A mix of short and long-sleeved shirts (3-4)
- ☐ Jeans or other pants (1-2 pairs)
- ☐ Waterproof shoes or boots



## Clothes to pack for winter in Europe

- ☐ A heavy winter coat (can be lighter if visiting Southern Europe)
- ☐ Thick sweaters or cardigans
- ☐ Thermal underlayers
- ☐ Scarf
- ☐ Hat
- ☐ Gloves/mittens
- ☐ Winter boots
- ☐ Thick, warm socks
- ☐ A balaclava or other thermal face cover



## Clothes to pack for spring in Europe

- ☐ Medium-weight jacket
- ☐ Hoodie or sweater (1-2)
- ☐ A mix of short and long-sleeved shirts
- ☐ Light scarf



## Clothes to pack for summer in Europe

- ☐ Loose, breathable, light-colored tops or dresses (3-4)
- ☐ Shorts, skirts, or light and breathable pants (2-3)
- ☐ Comfortable, close-toed walking shoes
- ☐ Sandals (optional)
- ☐ Sunglasses
- ☐ Hat with a brim