

# The ultimate international travel checklist

Tasks to do and essential items to pack before you go



## Financial preparations

- ☐ Notify your bank
- ☐ Get backup payment cards
- ☐ Exchange currency
- ☐ Set up an emergency fund
- ☐ Check ATM fees



## Pre-trip preparations

- ☐ Find a reliable house or pet sitter
- ☐ Notify your home security service
- ☐ Pay bills before departure
- ☐ Pause or cancel subscriptions
- ☐ Download essential travel apps
- ☐ Prepare your home
- ☐ Research your destination country (climate, local customs, places to visit, etc.)



## When packing your carry-on, include...

- ☐ All essential documents (passport/ID, visa, travel tickets, etc.)
- ☐ Your wallet
- ☐ Medications (prescription meds, first aid kit, hygiene products, etc.)
- ☐ Chargers and travel adapters
- ☐ Snacks
- ☐ Headphones
- ☐ A source of entertainment (book, magazine, laptop, etc.)
- ☐ Just enough clothes
- ☐ Toiletries
- ☐ A travel pillow
- ☐ Any valuables



## When packing your checked bag...

- ☐ Double-check the weight
- ☐ Use baggage locks
- ☐ Make your luggage appear distinctive
- ☐ Properly pack sharp objects
- ☐ Protect against spills
- ☐ Pack sports equipment wisely



## What NOT to pack for international travel

- ☐ Hazardous and explosive items
- ☐ Sharp items (in carry-on baggage)
- ☐ Liquids over 3.4 oz (100 ml) (in carry-on baggage)
- ☐ Valuable or irreplaceable items (in checked baggage)
- ☐ Fragile or easily breakable items
- ☐ Weapons or self-defense items
- ☐ Illegal items
- ☐ Cash in large amounts
- ☐ Other prohibited or restricted items (country specific)



## Prepare for departure

- ☐ Check the weather forecast
- ☐ Download travel apps
- ☐ Charge your devices
- ☐ Keep liquids and electronics within easy reach
- ☐ Confirm your travel details
- ☐ Arrive early
- ☐ Familiarize yourself with customs forms
- ☐ Decide how you'll stay online